

Sex by Design

Questions to Reflect on After Breaking Up:

- What lessons did God teach me through this relationship?
- Were there any “red flags” I should have paid attention to earlier in the relationship?
- What qualities did I like in this person that I plan to look for in the next person I date? Why?
- What qualities in this person do I plan to avoid in the next person I date? Why?
- What would I have done differently looking back on this relationship?
- What will I do the same in my next relationship?